This Learning Manual is a companion to the textbook “The Hong Kong Geriatrics Society Curriculum in Geriatric Medicine, 2nd edition”, and is intended for self-learning or guidance by teachers / trainers of formal courses in geriatric medicine and gerontology. The chapters in the Learning Manual are numbered as Ch xxL corresponding to the respective chapter Ch xx of the parent textbook “The Hong Kong Geriatrics Society Curriculum in Geriatric Medicine”. The Learning Manual is in the format of multiple choice questions, data interpretation, audit, case scenarios, case commentaries, and journal reading. Emphasis is placed on problem-orientated approach, as well as clinical and local relevance. Answers and explanations are provided at the end for some of the questions.

The aim of this Learning Manual is to test knowledge, to test clinical application, to stimulate interest for further in-depth reading, to prepare candidates sitting for relevant examinations in geriatric medicine and gerontology, and ultimately to improve the standard of medical care for elders.

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